



# Loop



## ACTIVITY GUIDE

Week 4: *Speedy Service*

Love in Motion

### Fix the Leader

This speedy activity illustrates the idea of helping others as quickly as possible.

### Activity Objective

How many Band-Aids can you put on your leader in one minute?

### You'll Need

- Band-Aids (1 box per group per experience)\*

**\*Note:** *All those Band-Aids will make a lot of trash. Make sure you've got trash cans nearby to collect the mess.*

## Instructions

### Activity:

#### 1. Explain:

- We're putting our service into motion and we're going to see who is fastest at helping others. It's time to Pro-Active-Ate!
- Let's pretend your small group leader needs some help. They aren't having a good week. They need some bandages.
- We need each group to send **one volunteer and each group's leader** up here to be our contestants. Your challenge? To be the fastest person to serve your leader and cover them with band-aids.
- You'll only have one minute.
- When we say "Go" see how many band-aids you can use to help your leader.

#### 2. **Line** the leaders up at the front of the room, with their students next to them.

#### 3. **Give** each student a box of Band-Aids.

#### 4. **Set a timer** for one minute. **Ask** if everyone is ready.

#### 5. **Say** "Go!"

#### 6. **Cheer** the students on as they put Band-Aids on their leader.

#### 7. **Say** "Stop" after a minute has passed.

#### 8. **Count** the number of Band-Aids on each leader. Whoever has the most is the group that wins the title of Speediest Helpers.

#### 9. **Challenge:** This week be proactive. Look for people who need help and give them a hand. Maybe they need Band-Aids or maybe they just need a compliment. You can be the first to serve everyone around you.